

- * Refine existing skills and learning new ones.
- * Work on correct technique and ball control.
- * Sessions will include a plyo & conditioning warm up.
- * Learn drills to improve skill and conditioning.

Date: November 13, 2016

Session 1- Boys & Girls ages 12yr. -15yr. 9am-11:30am Session 2- Adult men & women 16 yr. & Up 1pm- 3:30pm Pro coaches: Mark Paaluhi, Aurora Davis, Josh Davis and Matt Heath

*Only 20 spots available for each session

Reserve your spot at www.DayattheBeachEvents.com

Location: Wooton Park

100 E. Ruby St. Tavares, FL 32278